

**THURSDAY 19TH  
SEPTEMBER**

8.30pm at The Castle Hotel



Get ready for a really good laugh at this brand new comedy club!

**Tickets €10**

**FRIDAY 20TH  
SEPTEMBER**

**MACROOM BUFFALO  
FARM TRAIL**

11.00am



Enjoy a stroll through the farm's pastures & rolling hills, meet Johnny's herd of exotic Water Buffaloes, listen to tales of Buffalo Farming Life & taste the creamy Buffalo cheeses. Kilnamartyra, Macroom, Co. Cork

*Bring wellies & warm clothes*

**Tickets €8 | Booking Essential on  
www.leevalleytastetrails.ie or 086  
8539744**

**HERBS IN COOKING**

11.00am at Macroom Library

A demo with Aurora Plannels Bernat of An Talamh de Luibheanna



**TEATIME SWING  
DANCE**

8pm at The Castle Hotel

Dress up for this stylish, foot-tapping swing spectacular with live music from **Riff Raft**. Light bites, sweet treats & liquid refreshments. Prizes for best dressed lady & gent. **Tickets €10 from The Castle Hotel, Macroom**



**SATURDAY 21ST  
SEPTEMBER**

**CLOWNING AROUND  
KIDS ZONE**

11.00am – 12.30pm, Marquee on the Main Square

- Face Painting,
  - Balloon Magic,
  - Conor the Clown,
  - Story-Time & Dancing.
- Free Entry**



~ A jam-packed weekend of ~  
**DELECTABLE  
FLAVOURS  
& TEMPTING AROMAS  
TASTE TRAILS  
FAMILY FUN  
LIVE MUSIC  
DANCING  
STREET ENTERTAINMENT**  
~ & LOTS MORE ~

[www.macroomfoodfestival.com](http://www.macroomfoodfestival.com)

**TASTE & WELLNESS  
TRAIL**

2.00pm – 5.00pm

Follow the taste trail balloons & signs to taste your way around town. €3 per taster at the following participating venues. Keep an ear out for accompanying live music, courtesy of Macrooom Busking Festival.

- Vaughan's Café
- Castle Hotel
- Next Door Café
- The Flaming Cook at JC Murphy's Bar
- The Real Olive Company at Golden's Bar
- Clancy's Fresh Fish
- Fitzgerald's Bookshop & Chocolate Café
- Macrooom Buffalo Farm at Dineens Bar
- Kieran Hartnett's Quality Meats
- TP Cotters Bar
- Ellen's Elegant Cakes at Enchanted Flowers
- International Food Flavours

*A very special experience on the Main Square – foods from around the world, cooked and presented by our international neighbours in Macrooom*

And some FREE treats for mind, body & home at the following venues:

- Locally Sourced Ummera Honey at Deasy's Pharmacy
- Dandelion Health at Nature's Corner
- Berocca Demo at The Haven Pharmacy
- Sip, Snack & Browse at The Front Porch (12pm – 3pm)

**SATURDAY NIGHT SESSION ON  
THE SQUARE WITH  
HOT GUITARS**

7.30pm – 10.30pm, Main Square

Hot Guitars with support from some very special guests. Pop Up Food Market

**SUNDAY 22ND  
SEPTEMBER**

**MONSTER OUTDOOR  
FOOD MARKET**

11.00am – 6.00pm Main Square

Over 50 stalls from Macrooom, Cork, Munster & beyond, selling world class artisan food & drinks. Choose from handmade ice-creams, locally sourced meats, baked goodies, barista coffees



**HILARIOUS KIDS' FUN  
& ENTERTAINMENT**

11.00am – 6.00pm Main Square

Face painting, balloon magic and interactive wackiness from Pitch'd Circus Arts Festival | Live music from the Army Band of the Southern Command & some more surprises



**DANONE NUTRICIA  
CORK & KERRY  
SCHOOLS COOK-OFF**

2.00pm & 4.00pm Main Square

Secondary School students from all over Cork & Kerry battle it out in the open air, to prepare a winning dish using local produce.

*Without the support of our steadfast sponsors, this festival would not be possible:*



T: 026-20544 | W: [www.macroomfoodfestival.com](http://www.macroomfoodfestival.com) | E: [info@macroomfoodfestival.com](mailto:info@macroomfoodfestival.com)

